



A Weekly Update  
For The Employees of  
North Central Health Care



# NEWS YOU CAN USE



## WEEKLY CONNECTION WITH GARY OLSEN

I am very excited to announce that Dr. Waqas Yasin has accepted the position of Medical Director. Dr. Yasin has been our Interim Medical Director for the last six months and he will now be moving into the role permanently.

In this role, Dr. Yasin will provide oversight for the Adult and Youth

Behavioral Health Hospitals, Lakeside Recovery, and Intensive Outpatient Programming through Outpatient Services. We are very blessed here at NCHC to have the best physicians on our staff and Dr. Yasin is no exception to this. His work in the Adult Hospital with Dr. Hoppe has helped to make that unit one of the best in the State (in my opinion).

Dr. Yasin is unwavering in his dedication to upholding the utmost standards of patient care and delivering the highest levels of service excellence at North Central Health Care. We are extremely happy that he has accepted this leadership position and look forward to his continued collaboration with our Acute Care Services Director and Senior Leadership Team.



Dr. Waqas Yasin

*Gary D. Olsen*  
**Gary Olsen**  
Executive Director

Spring Employee Updates Schedule .....	2
Patient Confidentiality & Security Notices .....	3
Employee Recognition ....	4
Retirement Celebration ...	6
Colorectal Cancer Screening .....	7
Skin Cancer Screening .....	8
Foodie Forecast ....	10-11

## Spring 2024 EMPLOYEE UPDATES



Get the Full Schedule on Page 2!

### Occurrence Reporting Hotline

x4488 or 715.848.4488



Only significant or sentinel events requiring immediate notification to this hotline.

## Shout out



### Brittany Thomas, Human Resources

Thank you for going above and beyond with getting the NHSC docs ready for survey. That meant a lot to me & helped with the success of the survey!



Shared By:  
Kristen Wurth



Come together with your colleagues to stay informed and connected.

Spring 2024

# EMPLOYEE UPDATES



## Join Us for Spring Employee Updates

Sessions offered the Week of March 18, 2024



Presented by  
**GARY OLSEN,**  
EXECUTIVE DIRECTOR

**How to Register:** Log Into UKG and Click UKG Pro Learning. Search for "Updates" in the Training tab and select Employee Updates – Spring 2024

**You can also click the personalized registration link sent to your work email on 2/28/24.**

*Please note: UKG is experiencing some issues recently. If you experience any issues registering, please check back at later time.*

If you are unable to attend in-person, a video will be available after the final session.

Employees can make arrangements to attend one of the in-person sessions by registering in UKG Learning.

**MON, MAR 18**    **MERRILL CENTER**  
12 Noon Conference Room

**TUES, MAR 19**    **WAUSAU CAMPUS**  
2:30 pm MVCC  
Community Room  
5:00 pm MVCC  
Community Room

**WEDS, MAR 20**    **WAUSAU CAMPUS**  
6:15 am MVCC  
Community Room  
**PINE CREST**  
2:00 pm Classroom

**THURS, MAR 21**    **WAUSAU CAMPUS**  
9:00 am MVCC  
Community Room

**ANTIGO CENTER**  
3 pm Conference Room

## Register Today in UKG Learning!



## PATIENT CONFIDENTIALITY & SECURITY NOTICES

### A Message from Compliance and Health Information Leaders

As we navigate through our daily responsibilities, all employees must understand the importance of maintaining privacy and security, particularly concerning patient records and Employee-Only areas. The confidentiality of healthcare records is not just a legal obligation but also a moral one. Every piece of information within these records represents a human being and includes protected health information (PHI). Safeguarding these details is necessary to preserve trust and dignity in NCHC. Unauthorized access can not only lead to legal consequences but also damage our patients' trust in our care.



**Jennifer Peaslee**  
Compliance Officer

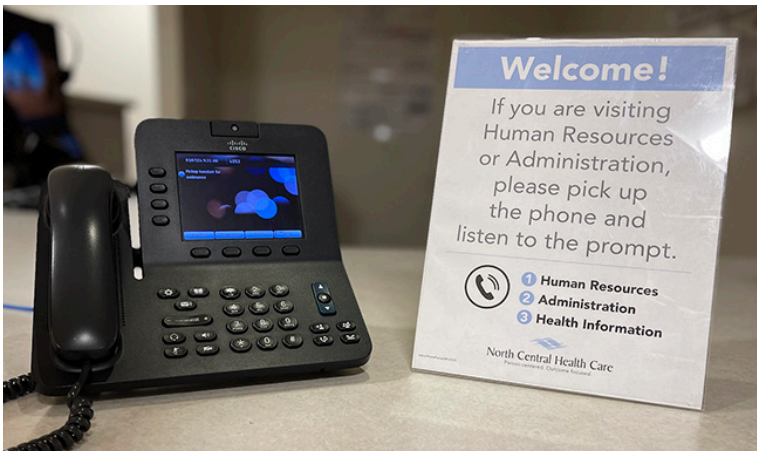
Our Employee-Only areas serve specific purposes, often involving sensitive discussions, procedures, or materials that require confidentiality. Permitting non-employees into these spaces not only compromises the security of our operations but also undermines the trust and cohesion within our team.

Patients and non-employees should not be allowed into Employee-Only areas, especially areas where patient or employee records are stored, or staff are working with these records. On the Wausau Campus, Meeting Room 1102 is designated to allow for private conversations with HIM staff to review records with patients or guardians. At no time should non-employees be allowed into the HIM or Finance area to review records, ask questions, or meet with staff. This should be done in Private Meeting Room 1102 (shown below) located in the public hallway in Suite A. If you are unfamiliar with the location of the room, anyone may use the phone at the Administration reception desk to call HIM and ask for assistance.



**Peyton Stefan**  
Manager of HIM

By exercising vigilance in safeguarding patient records and employee-only areas, we demonstrate our commitment to maintaining the highest standards of professionalism, ethics, and patient care. Let's continue to recognize patient confidentiality and security to ensure the safety, trust, and confidentiality of all those we serve. Thank you for your diligence and dedication to privacy and security.



## PARKING REMINDERS:

### Reserved or Authorized Parking Spaces

Just a friendly reminder for parking lot use as we have increased reports lately of staff parking in restricted spaces. These reminders apply to all NCHC locations.

**DO NOT PARK in spaces marked "AUTHORIZED"** unless you are actually authorized by your manager to park in those spaces. These spaces are authorized so that designated department staff can respond to emergencies and other department functions. We have increased reports of staff parking in spots reserved for authorized vehicles near the Crisis Center in Lot J on the Wausau Campus.

**DO NOT PARK in spaces reserved for clients, patients, and visitors.**

**DO NOT PARK in spaces marked "NO PARKING"**. These spaces are there to aid in emergency access and need to remain clear at all times.

Thank you for your Person-Centered Service and attention to these important parking reminders.



The following employees were nominated in the last Quarter of 2023 for their outstanding demonstration of our NCHC Core Values and Person-Centered Service. Congrats to the following individuals and teams for their achievements.



### OUTSTANDING PERSON-CENTERED SERVICE AWARD

**Maggie Mishall,**  
Behavioral Health Professional, YCSF



Congratulations to the Maggie Mishall, recipient of this quarter's Person-Centered Service Award. Maggie was nominated for this award on behalf of a patient's mother.

**Maggie was Recognized for:**

- Outstanding collaboration with Crisis to provide appropriate level of care for patients
- Parent testimonial stated that their child "talks about Maggie every day" and her child "still uses her coping skills daily."
- Reassurance and great communication with families and parents with youth in YCSF to make them feel comfortable

Nominated by Wendy Peterson on behalf of the family member of patient.

### OUTSTANDING TEAM PARTNERSHIP AWARD

**Adult Crisis Stabilization & Lakeside Recovery Teams**

Congratulations to the Adult Crisis Stabilization and Lakeside Recovery Team, recipient of this quarter's Team Partnership Award.

**The Team was Recognized for:**

- Seamless collaboration while relocating the ACSF program to the new space while maintaining high levels of care
- For their patience and adaptability with renovation and relocation timelines
- Dedication to continuous improvement by identifying and suggesting ways to improve client care in the new units

The team was nominated by Wendy Peterson.

### OUTSTANDING SERVICE EXCELLENCE AWARD

**Candy Messer,**  
Patient Accounts Representative, Antigo



Congratulations to the Candy Messer, recipient of this quarter's Service Excellence Award.

**Candy was Recognized for:**

- Her friendly and patient demeanor with clients and the time she takes to help clients understand processes and what is needed
- Her dependability and ability to work independently with "quiet perseverance"
- Her collaboration and helping coworkers by lightening their workloads and picking up tasks to help things stay on schedule

Nominated by Jessica Pyke

Share your experience with a coworker or team that demonstrated the outstanding work and commitment to providing excellent Person-Centered Service at North Central Health and the community.

### Recognition is Awarded Quarterly for:

- Outstanding Person-Centered Service
- Outstanding Service Excellence
- Team Partnership
- Outstanding Leadership



North Central Health Care  
Person centered. Outcome focused.

### Employee Recognition Program

Quarterly Award Nomination Form

Please complete this form by sharing your comments about the experience you had with the employee(s) that demonstrated the individual or team's outstanding work and commitment to providing excellent Person-Centered Service at North Central Health and the community.

**REQUIRED:** Check One Award Category Below

**Outstanding Person-Centered Service Award**  
Recognizes an employee who provides direct care, exceeds standards and works effectively to ensure the optimal patient experience and outstanding Person-Centered Service. Recipients selected by Recognition Committee, NCHC Directors, Managers and Supervisors are not eligible for this award.

**Outstanding Service Excellence Award**  
Recognizes an employee who does not provide direct care, has consistently achieved exceptional performance within their program and has worked in supporting the vision and mission of NCHC. Recipients selected by Recognition Committee, NCHC Directors, Managers and Supervisors are not eligible for this award.

**Outstanding Team Partnership Award**  
Recognizes any work team, committee or department who has made significant contributions to advance the position and mission of the department or organization. 15 employees or less per group. Recipients selected by Recognition Committee.

**Outstanding Leadership Award**  
Recognizes a director, manager or supervisor who systems, influences and coaches themselves in a professional manner, setting an example for others on how to behave in the workplace and use constructive feedback selected by Executive Team and presented quarterly at the Management Meeting.

Note: Recipients are selected based on the criteria for each award which can be found on [www.norcen.org/ForEmployees](http://www.norcen.org/ForEmployees)

Employee(s)/Team You Are Recognizing  
Name(s): \_\_\_\_\_ Department: \_\_\_\_\_  
Title: \_\_\_\_\_

Your Information  
Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Title: \_\_\_\_\_ Department: \_\_\_\_\_  
Phone Number/email: \_\_\_\_\_

The awards will be distributed quarterly:

Quarter	Submission Dates	Selection and Recognition Planning
1st Quarter	January 1 to March 31	April
2nd Quarter	April 1 to June 30	July
3rd Quarter	July 1 to September 30	October
4th Quarter	October 1 to December 31	January

Please complete page 2 of this form.

Nominate a Coworker or Team today! [www.norcen.org/Recognition](http://www.norcen.org/Recognition)



# North Central Health Care and Aspirus Women's Health have teamed up to offer your annual mammogram right onsite!

May 23, 2024  
July 18, 2024  
November 6, 2024  
**Appointment is required**



3D mammography is available and covered by North Central Health Care's Health plan benefits.

- Note: You will need 3D CPT codes: screening mammogram 77067 and 77063

For an appointment, call Aspirus Central Scheduling at 866.672.5133. Tell them you want a **North Central Health Care Mobile Mammo unit** appointment. An order from your health care provider is not needed.

### You will be asked to provide:

- The name of your physician or nurse practitioner to receive results
- Insurance information
- The location(s) of your prior mammograms



## WISCONSIN DEFERRED COMPENSATION PROGRAM

Talk with a Retirement Plan Advisor about the WDC Program!

Meeting with your WDC Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meeting dates and times can be found at [https://nc\\_wisconsin.timetap.com/#/](https://nc_wisconsin.timetap.com/#/).

### Next meeting:

Individual Retirement Readiness Review with Shawn Bresnahan

**Wednesday, March 13th 2024 • 10am-3pm**

**North Central Health Care Wausau Campus DeSantis Room #1215**

**2400 Marshall Street, Suite A Wausau, WI 54403**

Register Online at [https://nc\\_wisconsin.timetap.com/](https://nc_wisconsin.timetap.com/)

## This Wednesday!



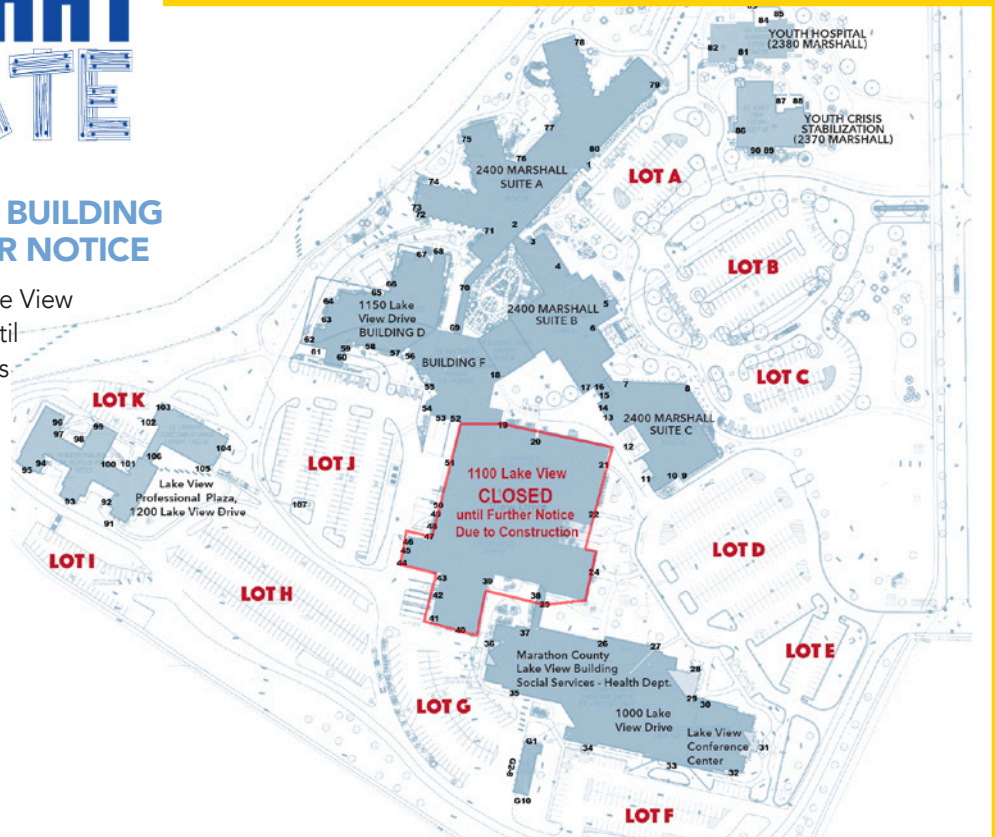
### What to bring to your one-on-one meeting once enrolled:

- Wisconsin Retirement System statement
- Social Security statement
- Other retirement account information
- Current paycheck stub (if applicable)

# HARD HAT UPDATE

## 1100 LAKE VIEW DRIVE BUILDING CLOSED UNTIL FURTHER NOTICE

Due to construction, the 1100 Lake View Drive Building will be CLOSED until further notice. If NCHC Employees would like to access the Employee Health & Wellness Center, Social Services, or the Health Department, you will need to use an exterior door entering from a parking lot as there is no access from inside the building.





# Happy Retirement

## Guy Bemowski – 42 Years of Service

On March 8, 2024, NCHC wished a happy retirement to Guy Bemowski from the Adult Behavioral Health Hospital. Back when Guy started 42 years ago, things were a little different. Guy shared he was in his twenties. It was 1981 and “all files were on paper charts, medications were stored in bottles on a shelf, and you could smoke inside the building on the unit and in the nurse’s station.” NCHC was Guy’s first job out of college, attending Stevens Point for nursing. Guy found the NCHC Campus by following a bus, as he got a little lost in Wausau, but knew the bus probably stopped here. He was initially offered a job on the dementia unit but asked to work in the Adult Hospital. We are glad he did, as Guy has faithfully served the Adult Behavioral Health Hospital for all of his 42 years. He additionally worked on an inpatient alcohol unit at NCHC.

Guy is looking forward to retirement and says he will “have some fun navigating the scavenger hunt of retirement benefits”. He may return as a volunteer, but not until he enjoys some well-deserved relaxation! Best wishes to you Guy and thank you for your commitment to NCHC and those we serve.

**THANK YOU!**  
FOR YOUR SERVICE!



# NCHC Employee Health & Wellness Center Onsite Clinic



**Theresa Micke, PA-C**  
Physician Assistant

**Aspirus Employee Health & Wellness Center**  
1000 Lake View Drive, Suite 200  
North Central Health Care Campus, Door 34  
Wausau, WI 54403

## COLORECTAL CANCER

### What You Need to Know About Screening and Testing

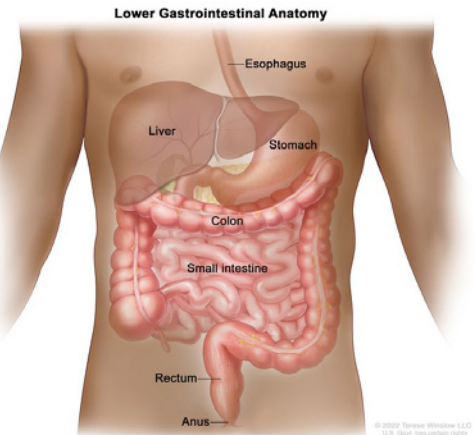
Colorectal cancer is a disease in which malignant (cancer) cells form in the tissues of the colon or the rectum. The colon and rectum are parts of the body's digestive system. The digestive system removes and processes nutrients (vitamins, minerals, carbohydrates, fats, proteins, and water) from foods and helps pass waste material out of the body. The digestive system is made up of the mouth, throat, esophagus, stomach, and the small and large intestines. The colon (large bowel) is the first part of the large intestine and is about 5 feet long. Together, the rectum and anal canal make up the last part of the large intestine and are 6-8 inches long. The anal canal ends at the anus (the opening of the large intestine to the outside of the body).

Cancer that begins in the colon is called colon cancer, and cancer that begins in the rectum is called rectal cancer. Cancer that begins in either of these organs may also be called colorectal cancer. Colorectal cancer is the third leading cause of death from cancer in the United States.

Between 2011 and 2019, the number of new colorectal cancer cases in the United States decreased slightly per year in patients aged 50 years and older, due to increased screening for colorectal cancer. In patients younger than 50 years, the number of new colorectal cancer cases increased slightly per year. From 2012 to 2020, deaths from colorectal cancer declined slightly each year. Colorectal cancer is found more often in men than in women.

### Tests are used to screen for different types of cancer when a person does not have symptoms.

Scientists study screening tests to find those with the fewest harms and most benefits. Cancer screening trials also are meant to show whether early detection (finding cancer before it causes symptoms) helps a person live longer or decreases a person's chance of dying from the disease. For some types of cancer, the chance of recovery is better if the disease is found and treated at an early stage.



### Studies show that some screening tests for colorectal cancer help find cancer at an early stage and may decrease the number of deaths from the disease.

The following types of tests are used to screen for colorectal cancer:

#### Fecal occult blood test

A fecal occult blood test (FOBT) is a test to check stool (solid waste) for blood that can only be seen with a microscope. A small sample of stool is placed on a special card or in a special container and returned to the doctor or laboratory for testing. Blood in the stool may be a sign of polyps, cancer, or other conditions.

#### Sigmoidoscopy

Sigmoidoscopy is a procedure to look inside the rectum and sigmoid (lower) colon for polyps, abnormal areas, or cancer. A sigmoidoscope is inserted through the rectum into the sigmoid colon. A sigmoidoscope is a thin, tube-like instrument with a light and a lens for viewing. It may also have a tool to remove polyps or tissue samples, which are checked under a microscope for signs of cancer.

#### Colonoscopy

Colonoscopy is a procedure to look inside the rectum and colon for polyps, abnormal areas, or cancer. A colonoscope is inserted through the rectum into the colon. A colonoscope is a thin, tube-like instrument with a light and a lens for viewing. It may also have a tool to remove polyps or tissue samples, which are checked under a microscope for signs of cancer.

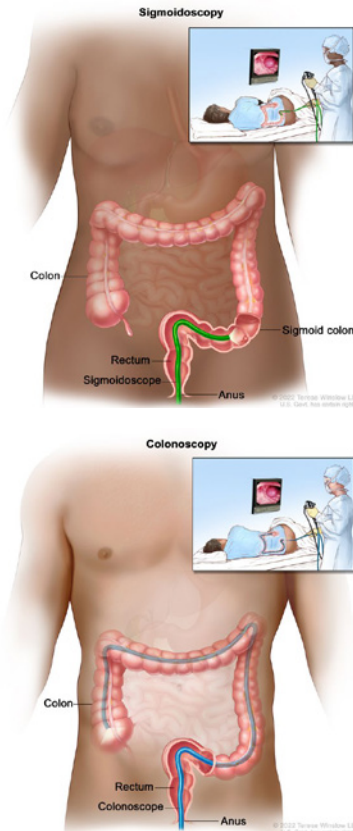
#### Virtual colonoscopy

Virtual colonoscopy is a procedure that uses a series of x-rays called computed tomography to make a series of pictures of the colon. A computer puts the pictures together to create detailed images that may show polyps and anything else that seems unusual on the inside surface of the colon. This test is also called computed tomography colonography or CTC.

Clinical trials are comparing virtual colonoscopy with other colorectal cancer screening tests. Some clinical trials are testing whether drinking a contrast material that coats the stool, instead of using laxatives to empty the colon, shows polyps clearly.

#### DNA stool test

This test checks DNA in stool cells for genetic changes that may be a sign of colorectal cancer.



#### Clinic Hours

Monday, Wednesday and Friday  
8:00 am - 4:30 pm

Tuesday Thursday  
6:30 am - 3:00 pm 9:30 am - 6:00 pm



**Schedule your appointment by calling  
715.843.1256**



SKIN SCREENINGS ARE **OPEN TO ALL EMPLOYEES & DEPENDENTS** REGARDLESS OF HEALTH INSURANCE ENROLLMENT.

# Free Skin Cancer Screening

Melanoma is the most fatal form of skin cancer in the United States. Anyone can get skin cancer, but it is more common in people who are light skinned, have a history of sunburns, a family history or over age 50. But if found early, skin cancer can be treated with removal only before it has spread to other areas of the body.



- Tuesday, May 7 | 8:00 - 11:00 am
- Wednesday, May 15 | 12:30 - 4:00 pm
- Thursday, May 16 | 2:00 - 6:00 pm
- Tuesday, May 21 | 7:30 - 10:30 am
- Tuesday, June 11 | 8:00 - 11:00 am
- Thursday, June 13 | 2:00 - 6:00 pm

### Appointments required

If not able to make these specific days, skin cancer screenings can still be scheduled at the Employee Health & Wellness Center for a date and time that is convenient.

## Employee Health & Wellness Center

1000 Lake View Drive, Door 34  
Wausau, WI 54403

**715.843.1256**







# Scrub Sale!

**Mount View**  
March 12  
1:30-3:30pm

**Pine Crest**  
March 13  
1:30-3:30pm

Payroll Deduction - Cash - Credit Card

**2-Piece Scrub Sets**  
ONLY \$**24.95**



While supplies last. Scrub sets are sold as is and cannot be sold separately.

Sign-up to get email reminders and a coupon to use on our next visit!

Scan the code with your phone:



Can't scan the code above? Go to [scrubsonwheels.com/remind-me](http://scrubsonwheels.com/remind-me) and use the code below to sign up:

**74HJB8**

**Long Sleeve Tees**  
NOW AVAILABLE




Phone: 866-727-8273 Fax: 574-970-0382 [www.scrubsonwheels.com](http://www.scrubsonwheels.com)



## LUNCH, LEARN, AND DO BEHAVIORAL HEALTH

**THURSDAY  
MARCH 21**  
12:00pm - 1:00pm  
Great Dane Pub

We will kick off the year learning about behavioral health, a broad term that can refer to clinical mental health diagnoses, addiction issues, domestic violence, and sexual assault. Participants will better understand how United Way of Marathon County is addressing financial stability by working on behavioral health issues.

At this event you will hear from Dakota Kaiser, PhD. Dakota is the Integrated Services Director at Bridge Community Health Clinic, which provides health services to the underserved, underinsured, self-paid and insured population of Marathon County, including many behavioral health services. Dakota will address the types of behavioral health issues that are facing patients in Marathon County, and how Bridge Clinic's role is critical to helping people achieve financial stability.

Following the presentation, you will participate in a brief project building calm kits for local schools. Calm kits include tools and information that help children with self-regulation strategies. Teachers and parents love these kits, and we plan to assemble around 200 of them to share with school counselors in Marathon County!

\$5 FEE INCLUDES LUNCH  
LIMITED SPACE AVAILABLE  
[REGISTER HERE](#)



**CONTACT:**

✉ [CHANNEY@UNITEDWAYMC.ORG](mailto:CHANNEY@UNITEDWAYMC.ORG)  
☎ 715-298-5719

**EVENT SPONSOR:**



## Other Upcoming Community Volunteering & Community Event Opportunities

### Seasonal Closet Transition Volunteering March 25-29

Help us prepare the Community Closet for spring, by replacing older clothing racks, packing up winter clothing, and hanging up fresh spring items for Community Closet guests. Grab a friend and sign up to participate: [Register Here](#).

### Mobile Closet Volunteers Needed April 11

Our first Mobile Closet outing to Abbotsford was so successful, we are going back again on April 11th! We need helpers for 2 different shifts - to unload the truck and set up the shopping area, and then again to pack everything up on the truck when we are finished. No experience necessary, just a desire to have a really meaningful volunteer experience! Get a team together and [Sign Up Here](#)

### Power of the Purse June 6

Women United's signature event, Power of the Purse, is back on June 6th for what we hope is another record-setting year! This event features fabulous packages for both silent and live auction, including designer purses, spa experiences, vacation packages in more! Early bird registration closes on April 30, so grab your tickets now: [Sign Up Here](#)



**Marathon County  
Employees Credit Union**

**We May Not Have a Pot of Gold, But We Have Great  
Loan Rates That May Put Some 'Gold' Back in Your Pocket!**

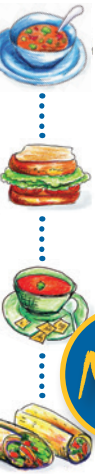
**And Don't Forget to Stop In for a Sweet Treat on St. Patty's Day!**



**Happy St. Patty's Day from MCECU!**

**Proudly Serving Health Care Employees  
& Their Families Since 1965**

400 East Thomas Street • Wausau, WI 54403  
715.261.7680 • [www.mcecu.org](http://www.mcecu.org)



# WHAT'S FOR LUNCH?

## WAUSAU CAMPUS EMPLOYEE CAFETERIA OPEN TO ALL NCHC & WAUSAU CAMPUS EMPLOYEES

**BREAKFAST HOURS**  
8:30 AM – 10:30 AM

**LUNCH HOURS**  
MONDAY – FRIDAY  
10:30 AM – 1:30 PM  
HOT FOOD BAR &  
SALADS \$.45/OUNCE  
(Weekdays Only)

**GRAB-N-GO HOURS**  
MONDAY – FRIDAY  
8:30 AM – 5:30 PM  
**WEEKENDS:**  
GRAB-N-GO ONLY

**New!**

### The Hot Sandwich Menu is Back!

FEATURING DAILY SPECIALS LIKE GRILLED BEEF & CHEDDAR, CHEESEBURGERS, BBQ SANDWICHES, TUNA MELTS, PIZZA & MORE!!  
Make your own cold or hot sandwich with fixins' OR self-serve at the salad bar.

## MARCH 11 – 15, 2024

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Baked Chicken Drumsticks Loaded Mashed Potatoes Carrots	Boiled Dinner Green Beans Dinner Roll	Mac & Cheese Beets	Scalloped Potatoes & Ham Brussel Sprouts	Baked Spaghetti (No Meat) Breadstick Peas & Carrots
SOUP	Cheesy Chicken Salsa Soup	Chicken Noodle Soup	Cheesy Broccoli Soup	Stuffed Green Pepper Soup	Vegetable Soup
SANDWICH	Reuben	Philly Cheesesteak	Chicken Quesadilla	Potato Bar	Hot Dog Bar
DESSERT	Carrot Cake with Cream Cheese Frosting	Pie	Caramel Apple Crisp	Brownie	Rice Krispie Treat

## MARCH 18 – 22, 2024

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTRÉE	Ranch Pork Medallions Baked Yams Mixed Vegetables	Chicken Lasagna Salad Breadstick	Baked Fish Cheesy Baked Potatoes Seasoned Cabbage Rye Bread	Roast Turkey Rice Pilaf Parslied Carrots Dinner Roll	Salmon Patty Boiled Potatoes Creamed Peas
SOUP	Turkey Dumpling Soup	Beef Noodle Soup	Taco Soup	Cream of Broccoli Soup	Chili
SANDWICH	Hamburger with Fried Onions	Monte Cristo Sandwich	Homemade Pizzas	Nacho Bar	Shredded Pork on a Bun
DESSERT	Banana Split Dessert	Frosted Banana Bar	Caramel Apple Crisp	Frosted Chocolate Cake	Caramel Brownie



## Position Postings

**Title:** Community Treatment Employment Specialist

**Status:** Full Time

**Location:** Wausau

The Employment Specialist carries out the services of the IPS Supported Employment program by assisting mental health clients obtain and maintain employment that is consistent with their vocational goals.

Learn More or Apply Online:  
[www.norcen.org/Careers](http://www.norcen.org/Careers)

<https://bit.ly/CTEmpSpecialist>



We want MORE  
Awesome People  
like YOU on  
Our NCHC Team!

Be sure to SHARE our  
Career Posts on Social!



# THE BISTRO

**NOW OPEN 7 DAYS A WEEK! | WEEKDAYS 7:30AM - 3PM | WEEKENDS: 9:30AM - 5PM**

THE BISTRO WILL BE CLOSED ON WEEKENDS FROM 1-1:30PM TO ACCOMODATE STAFF BREAKS

\*HOT FOOD IS AVAILABLE AT THE BISTRO DAILY UNTIL 2:30PM \*



## SPECIAL OF THE WEEK

### *Bistro Club*

TURKEY | HAM | BACON | SWISS | TOMATO | MAYO

## LATTE OF THE WEEK



### *Sweet Irish Cream*

Available hot or Iced!

**\$1 OFF LARGE LATTES EVERY MONDAY!**

*\*Please note: All sales subject to Sales Tax.*

## - build your own - BREAKFAST SANDWICH

### PICK YOUR STYLE

EGG + CHEESE ..... 3.00

EGG, MEAT + CHEESE ..... 4.00

### PICK YOUR BREAD

CROISSANT

BAGEL

ENGLISH MUFFIN

### PICK YOUR MEAT

HAM

SAUSAGE

BACON

